



WELLSPRING CHURCH

ATTEND – Healing (especially of our past)

Introduction:

Whether it was physically, emotionally, and/or spiritually, Jesus was constantly meeting people where they were at, inviting them into deeper relationship and through that process bringing healing and forgiveness. Whether it was the leper who'd been ostracized by society or the prostitute and the reputation she carried, Jesus embodied God's healing.

Scriptures:

Read and discuss some of the following. Luke 5v12-26, Acts 3v1-10.

Reflection Questions:

1. Jesus heals many people in the gospels. Have you personally experienced God's healing (physical, emotional or social) or talked to someone who has? Describe the experience.
2. Identify three experiences from your past that negatively affect you today. How do those experiences shape your day to day life with God and others? What would it be like for Jesus to come near and bring healing? How would it affect your everyday life?
3. We all carry wounds, sins and character defects into adulthood. If you were to identify three areas of your life which you desire God to heal, what would they be and why?
4. Are there areas of your life that you keep hidden from others? Why is that? What would it look like to invite others into that area(s) so that they could pray with you about it.

Experiment:

1. Take the risk to be known. Share with someone you trust areas from your story and past that have been difficult. Spend time praying together asking for God to bring further healing and redemption. Journal about the experience.

Pod Discussion:

1. As you listened to the podcast (watched the video), what struck you or stood out to you?
2. What was your experience of the experiment like? Was it enjoyable? Uncomfortable? Did you notice anything about yourself, God or the world?
3. Is God inviting you to change anything in the way you do your life?

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